

Reunion & The Window of Light

1993-07-09

- 1993-0709-001 **Let's take a moment to breathe and get centered. I always have to chuckle about this because I do the breathing and I do the centering for me, and as I do that I always ask him {Jeshua}, "Well, are you here? Are you ready?" and he chuckles. He says, "I am ready before you are." But anyway, I will take a moment just to breathe for myself to get it together.**
- 1993-0709-002 Indeed, beloved and holy and only child of our Heavenly Father, child of Light divine, I greet you this evening in your day and time with joy in my heart, because that is truly who I am and that is truly who you are. And it is such a joy to be amongst you again and to see your shining eyes and your shining faces in the sunlight of what you would call your sunset this evening.
- 1993-0709-003 **Hi. First man {speaking to one in the audience}. Such joy, such energy. It is truly a delight to be amongst you and to share that again in physical form. Yes, such happiness there is.**
- 1993-0709-004 The body feels a bit small. (Judi is 5'2", 103 pounds.)
- 1993-0709-005 {Laughter.}
- 1993-0709-006 Hello, beautiful one -- you who tend the children, you who have a heart full of love. How are you this evening?
- 1993-0709-007 **Wonderful. It's so wonderful to be here -- all the beautiful energy and all the love that I feel here every time I come here.**
- 1993-0709-008 This is true. You are one who is sensitive and open to the energies that you feel wherever you travel, and you are one who has great love to share with others and you do this very freely. It is a joy to be in your presence.
- 1993-0709-009 And you, beloved one with the house.
- 1993-0709-010 **Oh, yes, my house.**
- 1993-0709-011 How go your plans with your house?
- 1993-0709-012 **Well, my house is almost ready to sell, but I was sent a lovely person to ride down to Federal Way with me tonight, and I was telling her that you have said to me that when it's time to sell my house, I'll know it because it will be very easy, and she just reaffirmed that: that everything I need to do will be... it will come easily.**
- 1993-0709-013 Yes.
- 1993-0709-014 **I don't have to agonize over the decision to do something.**
- 1993-0709-015 You are not the maker and doer. You are the allower. You are the one who is opening the heart to the guidance. You are hearing this more clearly every moment, so it will become more effortless. It is not by accident that this one has come unto you at this time.

1993-0709-016 **I had a hunch that that was true.**

1993-0709-017 There has been much sharing that the two of you have done in other lifetimes as well, and you have been great friends. So it is not by accident that you feel friendly towards each other, an affinity, as it were. You are of the same family.

1993-0709-018 **We are of the same family?**

1993-0709-019 Yes. This is why I have given unto this one who is the keeper of the leash {reference to the microphone cord}, I have given unto this one the title for this evening, "Reunion" -- because it is a grand reunion that is happening. Not only this evening in your day and time with those of you who have answered my invitation, which was sent out through the cosmic airwaves, through the cosmic mail routes, but it is also a grand reunion that is happening upon this plane of what you would term the Heart family.

1993-0709-020 For is it not true that when you meet with others and you feel that connection, it is a connection that you feel within the heart? It is one that you know to have been of ancient times -- more ancient than perhaps you would imagine because it goes back before time was. So when you meet one and you feel, as it would be said, on the same wavelength with one, it is because this is true: you are of the same vibrations, you are of the Love vibrations, and there is much that you have shared with others upon your path.

1993-0709-021 Hello, beautiful one who loves colors.

1993-0709-022 **That I do.**

1993-0709-023 Do you know that you have worked many lifetimes with colors?

1993-0709-024 **No.**

1993-0709-025 Do you know that you have done healing with colors in other lifetimes?

1993-0709-026 **I know that even when I was a small child I would look at a person and I would call them a color as quick as I would a name.**

1993-0709-027 Yes.

1993-0709-028 **If they were blue, they were blue. And it doesn't mean their skin was blue. They just... to me, they were blue.**

1993-0709-029 Exactly. You were doing what is termed reading their aura, their primary color, and letting them know at that point what it was, something that they may not have been aware of.

1993-0709-030 **Well, I don't know if I said it out loud.**

1993-0709-031 {Laughter.}

1993-0709-032 There is much communication that happens on other levels that does not need to be verbal. Yes.

1993-0709-033 **Did you know that I was reading "The Remnant"?**

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- 1993-0709-034 Of course.
- 1993-0709-035 **Because I have been so close to you in that book. I really felt... all the time I read it I feel like I can see you standing there.**
- 1993-0709-036 Why do you think this is, beloved one?
- 1993-0709-037 **I don't know, but I sure like it.**
- 1993-0709-038 {Laughter.}
- 1993-0709-039 We have been sharing much love, you and I.
- 1993-0709-040 **Yes.**
- 1993-0709-041 We shared it in that lifetime and we share it now. Many remembrances are coming unto you in reading this book. Is that not true?
- 1993-0709-042 **I think it is.**
- 1993-0709-043 Yes.
- 1993-0709-044 **It's more intense even in remembrance. It just is.**
- 1993-0709-045 Yes.
- 1993-0709-046 **I never had anything that I picked up to read that has done what that book has done for me.**
- 1993-0709-047 Yes. There will be more of this feeling that will be coming unto you and much more of a trusting that you will feel, much more of a knowingness, as it is termed.
- 1993-0709-048 **Oh, thank you.**
- 1993-0709-049 Yes. You will be very joyful in this. You will feel a lightness.
- 1993-0709-050 **I do.**
- 1993-0709-051 Yes.
- 1993-0709-052 **And it's even when I'm sleeping I'm aware it's there.**
- 1993-0709-053 Yes. I am with you, as you know, at all times -- which includes when you are sleeping -- and when you awake in the middle of the night and you feel that I have been with you, this is true, because I am with you.
- 1993-0709-054 **Yeah.**
- 1993-0709-055 It is, as you would say, a twenty-four hour job.
- 1993-0709-056 {Laughter.}
- 1993-0709-057 Which I enjoy.
- 1993-0709-058 **Well, I sure thank you for the time you give me.**
- 1993-0709-059 And I thank you for the time that you spend in focusing your attention upon me and upon the love that we share. It is joyful.

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1993-0709-060 It is.

1993-0709-061 How are you this evening, beautiful one?

1993-0709-062 I'm fine.

1993-0709-063 Indeed, truly said. You have been working with the plans for the rescue work?

1993-0709-064 Not a whole lot.

1993-0709-065 Perhaps in the formative stages, in the planning.

1993-0709-066 A little.

1993-0709-067 Yes. There are those in this room that will be happy to join with you in that work, and as the days unfold it will become clear to you who they are. There is much love in this room that desires to be used and to be in communication with others who have gone on, who have laid down the body and gone on, so to speak. They will come to you. You will not even need to seek them out.

1993-0709-068 Okay.

1993-0709-069 It will be easy.

1993-0709-070 That's the way I want it.

1993-0709-071 Funny, but I knew that.

1993-0709-072 How are you tonight, beloved soul?

1993-0709-073 Happy.

1993-0709-074 Yes, truly a grand place to be. You are the joy of the Heavenly Father and you are feeling it even more, is that not so?

1993-0709-075 Uh huh.

1993-0709-076 Feeling much more of a freedom of being who you truly are. Yes. Feeling the courage just to let that all bubble up to the surface and out.

1993-0709-077 Yes.

1993-0709-078 I have seen that. We have seen that. You have many, as you would term, angelic beings, Light beings, who are very happy to be in your presence. They, as it were, dance around you, and I know that you tune into that at times. There are times you may feel a lightness and this is what is happening. So when you feel that lightness and you feel perhaps that there is something going on here that just feels a bit bubbly, just say, "Hi." They are there.

1993-0709-079 Okay.

1993-0709-080 It is like you have grand devas -- you know, the devas around the plants and the flowers?

1993-0709-081 Yes.

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- 1993-0709-082 Yes, well, you have grand devas around you as well.
- 1993-0709-083 Okay.**
- 1993-0709-084 And they are rejoicing in your opening as a flower. Yes.
- 1993-0709-085 Thank you.**
- 1993-0709-086 You are welcome.
- 1993-0709-087 How are you, beloved Teacher of God?
- 1993-0709-088 I'm doing well, thank you.**
- 1993-0709-089 Yes, you are. You are enjoying more joy in your life?
- 1993-0709-090 Yes, I am.**
- 1993-0709-091 More freedom to express?
- 1993-0709-092 Yes.**
- 1993-0709-093 How is driving the car?
- 1993-0709-094 Never lonely.**
- 1993-0709-095 You have been hearing me, the conversations we have in the car?
- 1993-0709-096 Yes.**
- 1993-0709-097 Yes. I am always in communication with you, as you know, and there is much that we are sharing and there is much clarity that is coming for you. You have been in the last few weeks, as it were, fine-tuning the dial of your receiver. This will continue. Yes. You have much, much joy, much Truth to share with others that will be freeing for them. Others are being brought to you for this and it will continue even more.
- 1993-0709-098 You will be... but more later.
- 1993-0709-099 A cliff-hanger.**
- 1993-0709-100 {Laughter.}
- 1993-0709-101 How are you in this day and time?
- 1993-0709-102 Good.**
- 1993-0709-103 Yes, you truly are. Do you know how much freedom has happened in the last three weeks of your time within your soul? Can you feel the lightness that has occurred in the last three weeks? There has been a grand shift that has happened within your soul -- much allowing, much saying unto yourself, "I can now express who I am and I can be happy about that." Yes, it has been noticed by many who are your friends who use the vehicle of the body, who are here as you would call, incarnate, and it also has been noticed by those unseen -- with a lot of rejoicing.
- 1993-0709-104 You have made what would be called... you have had a graduation. Yes. More of this to come for you. Much more lightness that will be coming. You have made a great shift in the last few weeks.

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1993-0709-105 How are you this evening, beautiful eyes?

1993-0709-106 I'm feeling wonderful. I just feel a beautiful energy here.

1993-0709-107 It is because you also are one who is open in the heart and who is open to the energies around you. You are one who carries great love in your heart, and at the drop of a hat, as it were, you share this with others. You are very spontaneous in your love and it is a grand joy to behold this.

1993-0709-108 You have had a name change?

1993-0709-109 Yes. Judi's mother. And it just feels right. It feels good.

1993-0709-110 Yes. There is much transpiring upon this plane of changes -- as you all may have noticed -- and there comes along with change an opportunity to take upon yourself a new name which may be more descriptive of who you feel you are as these changes progress. There is no one saying to you that you must keep the name that was given unto you when you were born upon this plane. It is something that is fun to play with.

1993-0709-111 Yes.

1993-0709-112 Yes. You may feel free.

1993-0709-113 Yeah, thank you.

1993-0709-114 Does that not feel expansive?

1993-0709-115 Oh, yes.

1993-0709-116 Yes. Truly.

1993-0709-117 And you, beloved servant of the Holy Father, how are you this evening?

1993-0709-118 I don't really know.

1993-0709-119 Go within the heart and ask yourself, "How do I feel this evening?" And speak truly. You are among friends.

1993-0709-120 Confused.

1993-0709-121 Yes. You have certain things that you are weighing and they are weighing heavily upon the heart, is this not true?

1993-0709-122 Yes.

1993-0709-123 Yes. Know that you are among friends this evening. There is much love in this room with the ones that you see about you and the ones who are unseen. There is much support. It is not by accident that you find yourself with these two, sitting here.

1993-0709-124 Whoa.

1993-0709-125 There is much support and much love for you here. It is also not by accident that you have found yourself free and available to be here this evening. I have been, as it were, knocking upon your heart and asking you to come and partake of the love that is here for you and of the Love that you are. There are many blessings within the heart for you. Much treasure.

- 1993-0709-126 You are at the point of opening the lid of this treasure chest. You will find many treasures in there. These two will help you. They have been where you are feeling yourself to be right now, and they can share with you what has been important for them in opening the lid of the treasure chest.
- 1993-0709-127 There is a great work yet for you to be doing.
- 1993-0709-128 May I just ask a question?**
- 1993-0709-129 Yes.
- 1993-0709-130 Were you there when she was in her truck, when she was coming back from...?**
- 1993-0709-131 I am never apart from you.
- 1993-0709-132 I don't have a truck.**
- 1993-0709-133 When she was in that accident. It's a miracle that she's here even. It really is. I know she doesn't like to talk about it, but you are among friends.
- 1993-0709-134 I called on Michael -- and I don't know why, because I was raised with Jesus -- but I called Michael.**
- 1993-0709-135 Yes. Yes, in the days to come it will be revealed unto you why you used that name. But it is not important why you used that name. It was heard and immediately there was the assistance for you and with you and as you. You have great power -- not in worldly terms, but the great power of who you are, of the Love that you are, and there is much to be shared with others.
- 1993-0709-136 But all of this will open up, as it were, in time for you. One step at a time. Raising the lid of the treasure chest and peeking in there is a good first step.
- 1993-0709-137 Thank you.**
- 1993-0709-138 We are here amongst the leash again. {Microphone cord has tangled.}
- 1993-0709-139 How are you, beloved soul, this evening?
- 1993-0709-140 I feel really great.**
- 1993-0709-141 Yes, and this is a great Truth. You are one who has done much searching. You are one who has done much weighing of what you have learned from others and from books and from the researches you have done. You are also one who in this lifetime is doing much balancing of that with the head and with the heart, and you are one who is coming now into a great integration, where you are sharing this with others truly in joy and in freedom, and I thank you for doing that.
- 1993-0709-142 You're welcome. Always over the shoulder.**
- 1993-0709-143 Yes, you have discerned well. I am always, as it were, standing beside you with my arm around your shoulder, speaking unto the ear.
- 1993-0709-144 Okay.**

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- 1993-0709-145 Yes, you have heard me, beloved one.
- 1993-0709-146 Yeah. I have.**
- 1993-0709-147 Yes. You are a grand soul, a grand warrior, many times the warrior upon this plane with great strength, great physical strength, but also now the grand warrior of the Heart -- which is to bring everything into balance.
- 1993-0709-148 Yes.
- 1993-0709-149 Thank you.**
- 1993-0709-150 And you, beloved soul -- one who has a grand heart with much love that she shares freely with others -- sometimes finding a few rocks upon the path, but these rocks are getting smaller, are they not?
- 1993-0709-151 Yes, they are.**
- 1993-0709-152 Yes, you are going with much more ease and much more joy in the heart. Much more freedom. I have used this word quite often this evening, this freedom. It must have something to do with the holiday that you just celebrated.
- 1993-0709-153 Yes, it is a joy to be with you again, to be in physical form like this and to be able to touch and to hug.**
- 1993-0709-154 {Hugging.}
- 1993-0709-155 I love you.**
- 1993-0709-156 And I, you. There is much energy that is exchanged and shared when the two, as I have called them, bags of dust meet. There is never a joining, as it were, of the bags of dust or the bodies. But the energy that surrounds, there is much intermingling of this energy. Can you feel it?
- 1993-0709-157 Yes, very, very alive. Can you feel it pulsating?
- 1993-0709-158 Yes, in the fingertips.**
- 1993-0709-159 Yes.
- 1993-0709-160 I can almost feel it all around you, though.**
- 1993-0709-161 And around you, beloved one; yes. This is why so many of you are drawn unto the hugs, and you love to come here and gather with your friends and share the hugs and share the love energy. It is because, truly, the energy that you are is not contained within the body. It is not even contained within a few feet of the body. It stretches out, as you would see, into the universe.
- 1993-0709-162 What you think and what is registered in the heart as emotion -- which is energy in motion -- is felt and registered at the farthest star.
- 1993-0709-163 Well, I'm feeling like my heart is out here someplace.**
- 1993-0709-164 That is because it truly is. Yes.
- 1993-0709-165 Again, the bare feet. Beautiful feet.

- 1993-0709-166 Thank you.**
1993-0709-167 And you, beloved Philip, how are you this evening?
- 1993-0709-168 Great, obviously.**
1993-0709-169 Obviously.
- 1993-0709-170 Of course.**
1993-0709-171 Yes, it cannot be hid.
- 1993-0709-172 Yeah.**
1993-0709-173 You have been asking about a date in August. How do you feel about this date in August?
- 1993-0709-174 Feels fine with me. You are the guys calling the shots. I'm just walking the "bod" around.**
1993-0709-175 Exactly, and you will take care of the leash?
- 1993-0709-176 Sure.**
1993-0709-177 Yes, you are on. It is a date.
- 1993-0709-178 Okay, great. That will be fun.**
1993-0709-179 Truly spoken: it will be fun. There will be much sharing that will transpire in that evening -- and perhaps we will have some friends?
- 1993-0709-180 Uh huh, I would say.**
1993-0709-181 I would say. One in particular, but there is also a host of friends because we never come alone.
- 1993-0709-182 This is true.**
1993-0709-183 As you know. There will be some of the energy that you will recognize and have put a name upon. There will be other energy that will be, perhaps, even a surprise unto you that evening.
- 1993-0709-184 That will be fun, too.**
1993-0709-185 That will be fun also, yes. I will be here.
- 1993-0709-186 No, really? Are you sure? Think you can make it?**
1993-0709-187 I will check my appointment book.
- 1993-0709-188 Okay. No inner-dimensional parties happening or anything that you can't....**
1993-0709-189 One can always handle that.
- 1993-0709-190 Okay.**

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- 1993-0709-191 Yes, one is not limited.
- 1993-0709-192 How are you, beloved Firewalker?
- 1993-0709-193 Good. Doing good.**
- 1993-0709-194 Thank you for the work that you do with your brothers at what I have called the monastery {Prison}.
- 1993-0709-195 You're welcome. I appreciate the Holy Spirit showing up to take care of it.**
- 1993-0709-196 It is no problem, as you know.
- 1993-0709-197 Miracles happening all the time there.**
- 1993-0709-198 This is true. Part of the work that you do with the brothers in the monastery is to allow them to become aware of the potential for miracles in their life. The very fact that you make time to take the ferry and to go over there and to share of your love is truly a miracle unto them.
- 1993-0709-199 By opening that door, just by your physical willingness to be... to take what I have termed the bag of dust and to be in their presence, you are saying to them quite loudly that they have value, that there is potential for miracles, and once they have seen a glimpse of that, of the door opening, then they are ready to experience more miracles.
- 1993-0709-200 These are ones who have much love to be expressed with others and who have not known how to express the love in this lifetime, yet. But by your example, and by yours, beloved one {another member}, and by yours {another member}, you are saying unto them that there is not only the possibility but the great probability that they also will express the Love of the Heavenly Father and express it freely with others that they will come in contact with.
- 1993-0709-201 You have seen this in the time that you have been there. You have seen ones come in who were perhaps not too sure of themselves, and within a few weeks of your time, you have seen them blossom. It is truly a miracle what the Love of the Heavenly Father will bring about, and can nourish and nurture.
- 1993-0709-202 It was a great lesson for me in learning to allow and let the process happen.**
- 1993-0709-203 Yes.
- 1993-0709-204 It's a two-way street there.**
- 1993-0709-205 Very definitely a two-way street. You have discerned well. All relationships... whenever you meet one in an encounter, however brief, it is always what you would call a two-way street. There is always a flow and interchange of energy that occurs, and many blessings with that if one is open to receiving it, as you know, beloved brother.
- 1993-0709-206 How are you this evening?

1993-0709-207 **Fine, just great.**

1993-0709-208 You, with the very beautiful socks upon the feet, very feminine with the lace. Do you know that you have always been one who has enjoyed the feminine touches?

1993-0709-209 **Oh, yes.**

1993-0709-210 Yes, very much.

1993-0709-211 **Thank you, Jeshua, for recognizing that, yes. I love you.**

1993-0709-212 You have lived many lifetimes through a female embodiment, but you have also lived many lifetimes through the male embodiment so that you are coming unto, in this lifetime, a great balancing of energies.

1993-0709-213 **I feel it. I feel it.**

1993-0709-214 Of course.

1993-0709-215 **Wow!**

1993-0709-216 That is what this lifetime is all about for you: a balancing and an integration and a bringing into the awareness of the Whole that you are.

1993-0709-217 This is something that you did for me, but enough said.

1993-0709-218 **I love you, Jeshua.**

1993-0709-219 And I, you. The Love of the Heavenly Father is always exchanged and enjoyed. It cannot be anyway else. You are in it; you are in this sea, as it were. You are swimming in this sea of Love but it is good when it bubbles up to the surface and it can be recognized and can be consciously felt. You are tuning into that very well.

1993-0709-220 So is beloved Firewalker, although he sometimes has his days of doubting.

1993-0709-221 **Oh, I'm a doubter all right. I've done that.**

1993-0709-222 It is something you have practiced in many lifetimes, but it is also something that you are releasing. You have practiced that very well.

1993-0709-223 **The doubter, huh?**

1993-0709-224 Yes, you've been one of the best.

1993-0709-225 How is the first man?

1993-0709-226 **Good.**

1993-0709-227 This is true. Thank you for sharing the sunshine of your soul with others.

1993-0709-228 **You are very welcome.**

1993-0709-229 Even though you may feel that there are certain rocks upon your path, certain, as we spoke before, ups and downs of the roller coaster, you are one who has great sunshine in your soul and you cannot help but share it with others. It just comes tumbling out. It is not to say that you do not have your days of, perhaps, a few clouds, but basically within the heart you are one of great sunshine.

1993-0709-230 Thank you.

1993-0709-231 Thank you for allowing it to be seen. There have been other lifetimes when you have kept your light, as it were, hidden -- but that is not to be true this lifetime.

1993-0709-232 Hello, beautiful one. I am so happy that you have come tonight to be with me. It is not by accident that your grandmother brought you. I have desired to be with you and to touch you and to let you know of my love for you. You have spoken unto me many times and I have heard you, and I want you to know this evening that what you felt was not your imagination.

1993-0709-233 In some ways people would term it imagination, but it is a great Truth that you and I are together and we cannot be separate. There is a great Love that you are and a great love that I have for you. It is a pleasure to see you so healthy and strong.

1993-0709-234 Hello, beautiful one with the beautiful smile. How are you this evening?

1993-0709-235 Great.

1993-0709-236 Truly spoken. You are one who is feeling much more lightness in the last few weeks also.

1993-0709-237 Uh huh.

1993-0709-238 Yes, it is as a great weight upon the shoulders has been released. You have been carrying that weight for lifetimes.

1993-0709-239 So I discovered.

1993-0709-240 Yes. What you did in that lifetime was a great service. It was part of what needed to be. You were truly the servant of the Heavenly Father, although you saw it not, and in other lifetimes you have carried that weight with you, seeing not the whole plan and the whole purpose. But it served what needed to be and a part would have been missing had you not done what you did.

1993-0709-241 It took awhile to see it that way, though.

1993-0709-242 Yes. It was a very necessary part that needed to be played. This is not to say that if you had not come forward and done it, that no one would, because someone would have. But I thank you for being the one who had the strength and the courage to come forward and do that -- even though it was seen later to be as a heaviness upon you. I am very pleased that you are now releasing that heaviness and seeing it in more of a whole picture, because there is no guilt. There is no heaviness with it. It was a necessary part of the drama, and I love you greatly.

1993-0709-243 I love you, too. Thank you. Thank you.

1993-0709-244 Thank you.

1993-0709-245 How are you, this evening, the one who loves hugs? Who says, "Where's my hug?" Well, where's my hug? Where?

1993-0709-246 Right here.

- 1993-0709-247 {Hugging.}
- 1993-0709-248 Yes.
- 1993-0709-249 I love you.**
- 1993-0709-250 I love you, too.
- 1993-0709-251 This is one who says, "Before we hang up the telephone, where is my hug?"
{Laughter.} This is one who recognizes the love energy and is very much in tune with the love energy and the sharing thereof. This is one who shares the healing energy not only through the hands but through the heart. You are one who is very enthusiastic.
- 1993-0709-252 The word "enthusiastic" means to be "en-theo" -- which means to be in God. So, taken to mean: to be in the flow of that Love energy. Keep on being enthusiastic, beloved one. It is energy that is much needed in your world. Thank you.
- 1993-0709-253 So, beloved one.
- 1993-0709-254 {Spilling a glass of water.}
- 1993-0709-255 You have just baptized yourself.
- 1993-0709-256 Part of herself, anyway.**
- 1993-0709-257 This used to be the job of my beloved cousin, John the Baptist, but now I see he has an apprentice who is expert.
- 1993-0709-258 {Laughter.}
- 1993-0709-259 How was your trip?
- 1993-0709-260 I enjoyed it tremendously.**
- 1993-0709-261 Yes. Many surprises?
- 1993-0709-262 Yeah, I'd say a few. It's just attitudes, in letting people realize that they shouldn't limit themselves, to allow.**
- 1993-0709-263 Yes.
- 1993-0709-264 Yeah.
- 1993-0709-265 {End of tape.}
- 1993-0709-266 ...when I was there and he kind of followed me around.**
- 1993-0709-267 What were you feeling, beloved one?
- 1993-0709-268 Friendship.**
- 1993-0709-269 Yes, you have, as you know, many unseen friends that are with you and are helping you through this. It is because you are now becoming open to this energy. They have always been there, knocking, as it were, upon your heart, upon the door and wanting to be heard and to be recognized. But it is something now that you are coming unto allowing to be in your own awareness. Yes.

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- 1993-0709-270 **Then I notice things happening with my body that are... like my legs were swelling the last couple of days and I don't think it was just the heat. Something more to it. Since I came back this burn on my foot is healing real quickly.**
- 1993-0709-271 Yes. We spoke of the healings that would be taking place -- not only the healing of the foot and the physical body, but other healings as well. There have been shifts that have happened within the last three weeks for you, as well -- what you would term and feel now to be subtle shifts, but they will flower and they will blossom as time goes along, and you will look back unto the time when you took that trip and you will see how there were changes that happened because of making the physical journey. Yes, you will see this.
- 1993-0709-272 Also, there have been many shifts that have happened within the past year of your timing.
- 1993-0709-273 **Yes, I have noticed. Miracles.**
- 1993-0709-274 And you have been able to share much of this with others that you met when you were on this trip. You were able to speak to them from a different perspective and to share with them what had been transpiring in your own life and to offer encouragement to them because of the shifts that you have come through in the last year of your time.
- 1993-0709-275 **Yes, it's pretty incredible.**
- 1993-0709-276 Yes.
- 1993-0709-277 **It is still continuing, I think.**
- 1993-0709-278 Yes, there will be even more of these in the next twelve months of your time.
- 1993-0709-279 **What am I waiting for?**
- 1993-0709-280 You tell me, beloved one. It is all a matter of allowing, but it is all in order as well. It is not something that you can force or program. It is something that you allow, and you are doing very well with this. It is as it starts with small steps, and you have done this. It is now picking up speed, and you feel this within yourself because every day there are miracles that you are aware of and open to -- miracles that you would not have seen a year or two ago.
- 1993-0709-281 **It's loving things happening now.**
- 1993-0709-282 Exactly.
- 1993-0709-283 **I think, just because my attitude, maybe other healings will be taking place, hopefully in my family.... I'm a little concerned about that.**
- 1993-0709-284 There is much transpiring within the family members that is beneath the surface, as it were, but there is much growth taking place there, and much looking unto you and perhaps not saying to you outwardly what is going on, but they are watching and they are very much taking note of what has been transpiring with you within the last year.

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- 1993-0709-285 So this is why I have said that "I, if I be lifted up, I will draw all men unto me." I meant that as I come into my Christ consciousness, I am the example that speaks so loudly unto others that it draws all men unto me -- me, the Christ Light that they are. This is what you have been doing for the family members in a very quiet way. You have been allowing your Christ Light to shine, and as you do that, you are drawing them up unto a higher place as well.
- 1993-0709-286 Yeah, I've been feeling a real strong need to keep growing spiritually. It's incredible.**
- 1993-0709-287 Yes.
- 1993-0709-288 I don't know how to explain it.**
- 1993-0709-289 Sort of a compelling feeling from the heart.
- 1993-0709-290 That's it, yeah.**
- 1993-0709-291 Funny we should find the words for that.
- 1993-0709-292 {Laughter.}
- 1993-0709-293 Yes.
- 1993-0709-294 What about Justin? Is he part of this picture?**
- 1993-0709-295 Very much part of this picture.
- 1993-0709-296 Yeah, I'm still feeling this pull with him, trying to be his own person in that.**
- 1993-0709-297 Yes, there is much going on with this one, much evaluating within himself of who is he and where he is going, in his terms. It will come out in a joyous way, but there will be some rocks to traverse before you get to that place.
- 1993-0709-298 Do you think he's ready for school?**
- 1993-0709-299 Yes.
- 1993-0709-300 I'll find a way, then.**
- 1993-0709-301 But there is much in his heart yet that he has to come to peace with. But it will. It will come about.
- 1993-0709-302 Thank you.**
- 1993-0709-303 {Speaking to a little girl.} Such love. It is a great gift that you share with others, the free love and the smile that you give to others. You are a joy to be with. Your grandmother tells you this, doesn't she?
- 1993-0709-304 Uh huh.**
- 1993-0709-305 Thank you.
- 1993-0709-306 Here is the beloved soul with the green thumb.

1993-0709-307 {Hugging.}

1993-0709-308 I love you.

1993-0709-309 I am so pleased that you have come this evening.

1993-0709-310 Well, we got here. We had to go and buy an oven for our new kitchen before we came.

1993-0709-311 Much excitement going on within your house. Some changes going on there, and, as you know, these changes in the outer are reflecting changes that are going on within the inner. It is not by accident that you see some changes in the physical.

1993-0709-312 I feel that.

1993-0709-313 Yes, this is true.

1993-0709-314 Working on some big ones.

1993-0709-315 Yes, doing some remodeling in the physical. Doing some remodeling on the inner.

1993-0709-316 Right. It goes together.

1993-0709-317 Very much goes together. This is why I have said unto all of you that if you want to know where you are in your life, how things are going on the inner, to look to the outer circumstances and see how they are going because they will perfectly mirror for you where you are in your consciousness and what you may want to look at. This does not mean that you need to take it upon yourself as a, what would be termed, "heavy." But just to look at it quite objectively and ask yourself, "What is going on in my life at this point and what does it have to tell me?"

1993-0709-318 Something to be played with.

1993-0709-319 Right.

1993-0709-320 Everything, everything that you consider within your life, take it with a light heart.

1993-0709-321 Thank you.

1993-0709-322 You are one who already knows this.

1993-0709-323 How are you this evening?

1993-0709-324 Fine.

1993-0709-325 This one with the beautiful hair and the beautiful smile.

1993-0709-326 Thank you.

1993-0709-327 As we said unto you earlier, the gift that you share with others with your smile, you need do nothing more in this lifetime than just to share the gift of your smile with others. There need not even be anything said because so much is said with your eyes and with your smile. If you were to do nothing more in this lifetime -- and you will -- but if you were to do nothing more in this lifetime than just to smile at everyone that you meet, they would all be blessed by the love that you share with them.

- 1993-0709-328 **Right.**
- 1993-0709-329 Thank you.
- 1993-0709-330 We will see how the leash goes in between the aisles here. Again I know how it feels to be the beloved pet and to have the leash.
- 1993-0709-331 {Laughter.}
- 1993-0709-332 How are you this evening, beloved soul?
- 1993-0709-333 **Great. Couldn't be any better.**
- 1993-0709-334 This is true. This is a great time of awakening for you. A great time of excitement, is it not?
- 1993-0709-335 **Yeah.**
- 1993-0709-336 You are one who has been as the great researcher as well, one who has gone down all of the avenues, hither and thither, seeing what there is to be found, picking up the various rocks and looking underneath. Actually, you did this in some lifetimes and you classified what you found under the rocks.
- 1993-0709-337 But, in this lifetime, you have been studying, as it were, the learned books, because there is within you a great desire within the heart to know who you truly are and to feel the Love that you truly are and then to share that with others. And this is what you are coming unto and doing now in this time of your life, as you would see it.
- 1993-0709-338 I thank you for the love that you are sharing with others. Your encouragement and your support of others is much needed and of much value, and I thank you for being willing to share of your heart with others.
- 1993-0709-339 There are many times when you will say unto others from your own experience of what you have learned, what you would maybe call a small tidbit, which is unto them the key that unlocks the door of their heart. There are many times when you have been willing to do this and you have not even perhaps been aware of what an impact it has made upon others, just by sharing of your own life and your own searchings. It has been a great blessing unto others. You are a joy to be with and to share the energy with. Ah, beloved brother.
- 1993-0709-340 {Hugging.}
- 1993-0709-341 **Thank you.**
- 1993-0709-342 Thank you.
- 1993-0709-343 Holy Teacher, how are you this evening in your day and time?
- 1993-0709-344 **Fine, but I'm a little confused about Patricia not being here when she's supposed to have been here Friday night with me and going to the Mall Saturday morning.**
- 1993-0709-345 Yes. This one known as Patricia is a good friend unto you. She has been your friend many times and there is much that you have shared. This lifetime Patricia is on her

own searching, her own path, and you, as the Holy Teacher, will be a good friend unto her in allowing her to find her own path the way she needs to. Just to love her with the love that you have within your heart and to allow her to do what she needs to do.

1993-0709-346 She is a great friend unto you, and there will come a time when there will be more freedom for expressing this friendship and many more times that you will share and be able to do the activities with each other. But for now, there is another place that Patricia needs to be. There is another work that she needs to be attending to.

1993-0709-347 I know she hasn't been well.

1993-0709-348 That is true. There is some balancing that she is doing. But you two are great friends and there will be many times when you will share activities together, so do not be downcast this evening. Just look unto the future, because there will be many times when you will be together and you will have fun as friends, together. The two of you have shared much in other lifetimes as friends.

1993-0709-349 It is not by accident that I call you Holy Teacher, because you have been unto this one called Patricia, you have been a teacher, and you are again a teacher, in that you are allowing her to learn what she needs to learn on her own path in her own time.

1993-0709-350 Share with this one your love.

1993-0709-351 So how is Ariel doing?

1993-0709-352 She is doing well, beloved one. Do you love this one?

1993-0709-353 Yes, but she's gone now.

1993-0709-354 Yes. This one loves you as well. In your quiet time when you go to bed, speak unto this one and she will speak back to you.

1993-0709-355 It is a challenge to take the leash around, but I wish to come and speak unto this one and to share my love with this one. You have been upon the roller coaster. You have been experiencing the ups and downs of life -- perhaps, you feel, more of the downs than the ups. Yes, that is how it feels at this time. There are many more ups to come.

1993-0709-356 You have much help in ones that you would term, angels, guardian angels, unseen ones who are with you. There is much that you share with them and that they share with you. You are not going through all of this alone. You have much help here with the one known as Diana, next to you, she has much help and much love in her heart for you.

1993-0709-357 But even more than that, there are ones that have gone on who are very close to you, who are helping you through this, and they want you to know that you are the Love of the Heavenly Father. You are His Love. You can never be apart from it or away from it. There are times when you turn your focus unto things that feel sad and feel heavy, and you may feel abandoned at that point and feel like there is nothing there that is of joy. But that is only a momentary focus. As you would feel these feelings of heaviness, stop for a moment and take a deep breath, because upon that deep breath comes much love.

- 1993-0709-358 It is not by accident that within the physical body the lungs are right next to the heart. As you take in that deep breath, there is much love that you breathe in that comes even within the cells of the physical body and is felt. One of the best things that you can do for the mind and for the emotions is to breathe, because as you do that, you take in the energy of the love of the universe.
- 1993-0709-359 I know that this sounds like something far out to you -- but you are energy. What do you think keeps all of these cells functioning? Energy. It can actually be measured. You have as much electricity within the body, the cells of the body, that would light what you know as a night-light. You could actually be wired up with electrodes and you would light a night-light.
- 1993-0709-360 You are energy. So, as you are feeling emotions, which is energy in motion, it can either be the love energy which feels expansive and happy or it can be the heavier of depression. It is still energy in motion whether it is going on or whether it is coming in and staying in. Do you understand? It is still energy in motion. Emotion.
- 1993-0709-361 When you get into a place of feeling very down, like the energy is stuck and heavy, that is the time to breathe, beloved one, to take in the energy that is in the universe all around you and free. They have not found a way, yet, to put a tax upon the air.
- 1993-0709-362 {Laughter.}
- 1993-0709-363 This energy is free. Breathe in as much as it takes to energize you and to change the feeling within the body.
- 1993-0709-364 You need do nothing more. You need not do any grand techniques, no psychological changing of whatever, but to stand and breathe and to breathe until the body is energized. Will you do this for me? You will see much change happening with this.
- 1993-0709-365 You are a grand soul that I desire to work with. There is much that you and I can do and will do together in the days to come. But for now, breathe.
- 1993-0709-366 **Jeshua, could I ask you a little favor? You told us once... a long time ago you talked to us about our pets and animals, and I lost my little cat yesterday and I feel so sad. And I didn't think I would ever be that way about just a little cat.**
- 1993-0709-367 Just a little cat.
- 1993-0709-368 **Who would look me in the eye like he just knew what I was thinking.**
- 1993-0709-369 That is because this one truly did. This one, and all of your beloved pets, are ones that know no separation. They do not believe that the body is all there is. These are ones who are in consciousness with you and do, as you say, read your mind. You think sometimes that you are being very wise in being able to tell what the beloved pet wants to do -- when it is time to let them out, when it is time to eat. They speak unto you very clearly because they know no separation. They know that all minds are joined. They also know that all hearts are joined and it does not matter whether it is with the body, expressing through the molecules of physicality.

- 1993-0709-370 This one that you have great love for is still with you. This one knows there is no separation. This one is already playing with you. When you go home go this evening, talk to this one and look for this one. This one is still, the consciousness of this one is still within, what you would term, the walls of your house, within the rooms. The love is still there.
- 1993-0709-371 There will come a time if it is desired and if it is needful, that this one will come back to you in furry form again. This is why sometimes you will have a pet that will lay down the body and some time later you will get another pet and you will name this pet some other name perhaps, but you will say "This one is very much like Fluffy," or like Spot -- very much, because this one is the love consciousness of the beloved pet that you thought had gone on somewhere away from you. They have gone nowhere. Their love is right there with you. That is why you feel it so strongly even though you saw the body being lifeless. It has been laid down.
- 1993-0709-372 Right.**
- 1993-0709-373 Yes, but the love and the consciousness of this beloved pet cannot be separate from you and is with you. So when you go home this evening, speak unto this beloved pet and listen. There may not be words, but there will be a feeling that will be with you. And know that in time, if you desire it, this beloved pet will come back to you.
- 1993-0709-374 Do pets go to a lovely... do their spirits go to a lovely spot like ours do?**
- 1993-0709-375 Of course, beloved one, and even with more ease than some of you who have experienced physical form and have convinced yourselves of the separation and have convinced yourselves of concepts of what the hereafter should look like.
- 1993-0709-376 Beloved pets, because they do not know separation, because they know that they are the walking expression of the Heavenly Father, are always in love. And when they lay down the body, they know that they are still the Love that they were when they were walking around on four feet, and yes, they are in joy.
- 1993-0709-377 Good. Thank you very much.**
- 1993-0709-378 Thank you for asking.
- 1993-0709-379 Is beloved Firewalker still with us?
- 1993-0709-380 ...around. I'm here.**
- 1993-0709-381 Just checking.
- 1993-0709-382 Beloved Jeshua, why am I crying all the time these days?**
- 1993-0709-383 Beloved one, there is a great opening that is happening with you, a great releasing. You are now allowing, as it were, the concrete lid to be lifted upon emotions that you have kept pushed down for lifetimes. It is time, and you have said unto yourself, "It is time that I will release these. I will let them come up and I will recognize and I will acknowledge these. I will dialogue with these and then I will release them." It is a great blessing. Every tear that you shed is worth a thousand lifetimes. Does it not feel lighter?

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- 1993-0709-384 **Oh, yeah, I feel great. I mean, I cried rivers but I feel wonderful. I was driving the car and the policeman was over there and he looked at me....**
- 1993-0709-385 Yes.
- 1993-0709-386 **But I don't know how to reach my Patricia. I can't reach her. I have all of this love for her and I just can't reach her. She seems so far when I see her.**
- 1993-0709-387 Yes, this one feels your love at a deep level, but this one now is focused on another level of her own learning where she is, as it were, closing herself off to do what she needs to be releasing. It is not something that you can reach in and help her with. She is not allowing that at this point. It will come, in the days to come, it will come to a place where there will be sharing and where she will open and where she will be willing for the help, but it is something now that she must face and is facing on her own. But she does feel your love and she does need your love.
- 1993-0709-388 **She told me that sometimes when we get together like tonight, and when she's over there, she feels all of this loving energy coming to her. She told me that, and she told me to tell you all that she's here with us in her heart.**
- 1993-0709-389 Yes, this one known as Patricia is very open and sensitive to energies. It is a balancing that she is coming unto. This is what she is, you would say, working on. I will not use the word "working on," but it is something that she is bringing together in this lifetime. And so, she does very much feel the love. She does not feel separate from the love. But at the same time, it is hard for her to function in the world feeling that open. This is where some of the conflict comes, of how to reconcile the openness of the emotions and the energies that she feels, how to reconcile that with the world.
- 1993-0709-390 This balance will be coming about, beloved one, but in its own time. When I spoke earlier of the fact that she needed your love, she does not need in a sense of being without. She -- benefits, perhaps is a better word -- benefits from the awareness that your love is there as a support for her. And she feels that, beloved one.
- 1993-0709-391 It is why she has chosen to share this lifetime with you. It is why she has chosen you as mother. She knew your great strength. She knew your great love. She knew your great steadfastness throughout all of this. She knew that you would not abandon her. That is why she has come unto you in this lifetime: because you are one who stands there as a support for her.
- 1993-0709-392 **But that is now, because when she was small, she was with her father. I ... her when she was little so this is only now for the last five years that I'm with her. So, she has love and not hate, because that is very strong. But I'm confused about things....**
- 1993-0709-393 And so was she, beloved one.

1993-0709-394 **I'm so confused about these things.**

1993-0709-395 She has come unto you at this period in her life when she is willing to examine, as you have said, the confusion in her life because she feels your strength. You may not feel your strength. You may question that from time to time, but she knows that it is there for her. Just continue in the Love that you are.

1993-0709-396 **Just being there for her and knowing.**

1993-0709-397 Exactly, and allowing her to do what she needs to do. Always with the love there. That is all you need do.

1993-0709-398 **I do need to examine... what's my guilt or something like that. I feel sometimes so guilty that she's there. I think it is because... I don't know, that where she's at right now. I know in my heart that it isn't, but I can't help thinking it's my fault.**

1993-0709-399 You have spoken wisely that it is not your fault. This is something that she has chosen to experience, and she has chosen it in this lifetime because she knows that she has others with her of strength to help her through this. This one known as Patricia has had many lifetimes of being what you would call the prophetess, the one who has been the seer of the future, one who has been very open to other realms and other information, as it were. And there have been lifetimes when she has been persecuted because of being open and being willing to speak her Truth.

1993-0709-400 She has brought that with her in this lifetime -- this openness -- of being open to other realms and other dimensions and other information, as you would see, because she wishes to balance this now, in this lifetime. So it is as the very cells of her body have brought with them the remembrance of the pain of other lifetimes, of the fear of other lifetimes, of the openness, of the veil being very, very thin, of other lifetimes when it was not safe for that to be expressed freely.

1993-0709-401 There have been lifetimes when she has found herself termed "mad" by her fellow men and women, and she brings with her into this lifetime those remembrances. It is a very intense remembrance, but it is also something that is passing for her because she is willing in this lifetime to have that come up and be examined and to bring it into balance. At this point it is painful for you to see, but know you that you are not the maker and the doer, you are not the cause of what she is choosing to experience and to release. You are only the assistant who stands, as it were, by her side, offering her the support. You are a great blessing unto her. In times when you would be tempted to feel guilt....

1993-0709-402 **She's helping me a lot because I'm growing a lot since I've been with her. She is my teacher a lot of times.**

1993-0709-403 Yes, and you also unto her. It is much sharing that you are doing in this lifetime and in other lifetimes, as it would be seen. You have been very close, the two of you, in many lifetimes. Take heart; it is all in order and it is being released very quickly, although you cannot see it at this time.

1993-0709-404 **Thank you.**

1993-0709-405 **Jeshua, may I ask you something?**

1993-0709-406 You can always ask, beloved one.

1993-0709-407 **My friend, Jameson, and sister Hannah are feeling some issues now. Is there anything that you might want to give me to share with them?**

1993-0709-408 These two are beloved children of our Heavenly Father. They are also beloved children incarnate and they are having fun along their path, of what you would call, this great drama -- so that they feel much of the ups and downs of the great drama. These two have come together to be, as it were, a balance for each other. But it is not that this will be found immediately. It is as a toy that you have in your playgrounds that is called a see-saw. And sometimes it will up on one side, down on the other. And then it will be up on this side and down on the other, and this is what they are doing in their grand drama. There is much motion that is happening. The balance will come.

1993-0709-409 The one who is controlling this leash here for me is saying unto me that it might be a time to take a break, to refresh the bodies, to put some water into the bodies. This one who has the leash needs some water in her body as well. So, let us take what would be in your time about a fifteen minute break, and then we will come back and we will converse some more.

1993-0709-410 So be it.

1993-0709-411 {Break.}

1993-0709-412 Indeed, I am always available to you. Any time that you turn your attention unto me and you pause in all of the activity of your day or evening and you turn your attention unto me, there I am immediately with you. So when this one asks me, "Are you there, Jeshua, and shall we start?" it is as she has shared with you: I always say to her, "I have been ready. I have never stopped." This one with the leash thinks that she needs to take a break, and it is time when those of you who are utilizing what I have termed the bags of dust, the molecules of physicality that you draw unto yourself by your consciousness, it is time once in a while to put some water into them and also to let that water pass through.

1993-0709-413 {Laughter.}

1993-0709-414 How many of you have been experiencing within the last few days of your time changes going on within the body? And changes going on within the emotions?

1993-0709-415 **Yeah.**

1993-0709-416 Oh, yes. Yes. You have heard it said that there is another window that has opened upon this plane. The window is at its maximum potency right now. It came unto that on the seventh of this week, but the effects of the energy that is streaming unto this plane, your Mother Earth, started about ten days before that so that there was a gradual increase, and many of you were sensitive to that and you were feeling it as it was increasing.

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- 1993-0709-417 So, if you have been wondering why, since the last weekend in your time perhaps, you have been feeling various emotions and perhaps have been feeling more at odds with things coming up in your circumstances and other people who have been crossing your path, it is because the energy upon this plane is accelerating and there is more of what is termed the photons of energy bombarding, as it were, this plane.
- 1993-0709-418 This energy is here to be used for accelerating the emotions, so that when you have been in happiness you have felt more of the happiness and more of the joy, and when you have felt the buttons being pushed by others -- which you know are internal buttons and are actually not being pushed by others but you are pushing them yourself -- this is because of the energy that is here to be utilized in accentuating what is going on.
- 1993-0709-419 There is a great blessing in this, because even as you would feel the negative emotions arising, it is calling your attention unto things that you have asked to see, that you have asked to be aware of. So when one crosses your path and may do something which perhaps other times you would have just let go, in the last few days you may have found yourself reacting quite actively -- either, as I have said, either in joy or in annoyance or in anger or in sadness -- whatever emotion was coming up for you at that time.
- 1993-0709-420 There is a great blessing in this because it is an opportunity to examine the emotions as they come up and to dialogue with them. To first, as I have said, embrace them -- which means to acknowledge their presence. Not to stuff them down as has been done in many lifetimes, but to acknowledge them, to address them and to dialogue with them, and to ask them, "What is the blessing that you have for me? What is the lesson, the message that you have for me?" And then to listen in silence -- as much silence as you can find if you are in that place of sorrow or in that place of anger. And sometimes it will be, as I have said unto the one who was sitting over here earlier, it will be necessary to take the deep breaths, to take in the energy of the universe that is a vitalizing, inspiring energy, which will help you come to the calm peace within yourself.
- 1993-0709-421 And then to speak unto that emotion, "What is the message that you have for me?" There will be much coming unto you in revelations through these emotions. There will be remembrances of other times. There is never an emotion that comes unto you as a new emotion. It will always come unto you as a reminder of something that you have experienced before and that you have not been willing to acknowledge or to dialogue with. So when this occurs for you, take a deep breath -- ten deep breaths, one hundred deep breaths, even to the point of what you would know as hyperventilation -- until you come to that place of peace within yourself where you can then ask of it, "What is your message?"
- 1993-0709-422 This is always a choice. One does not have to ask and one does not have to listen, but if one does not at this point, then one will create for oneself another opportunity for the same emotion to come up again. And this is what you are seeing in this lifetime: emotions that have been experienced many other times and have been denied.

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- 1993-0709-423 But, as I have said, it is free choice. There is no referee that says that you have to pay attention to this right now. But you may, of your own free choice, want to. The energy that is coming unto this plane is accelerating the awareness and the atonement, as it were, of Mother Earth as well. This is why you will also be experiencing and seeing changes upon Mother Earth, upon this planet that you walk upon.
- 1993-0709-424 As I have said many times, you are not separate from Mother Earth. You are formed, the body that you express through and use as a vehicle, is formed of the very molecules of physicality, of Mother Earth. So you are never separate from what is transpiring for this great Light being.
- 1993-0709-425 Those of you who work with your hands in the soil know very well the energy of Mother Earth and know very well your connection with Her. When you delve deep into the soil and you plant a seed, if you pause for a moment and again go unto the heart, you will feel as we did earlier the energy that is pulsating within the body of Mother Earth. There is much aliveness that you feel.
- 1993-0709-426 You are one, beloved one, who loves to work in the garden and has seen the miracles of growth in the garden. There is much that She shares with you.
- 1993-0709-427 This window will be here in its intensity, as it were, for the next week in your time, and then it will be a gradual, again, tapering off. Utilize this time, as it were, as a great blessing, for examining what is going on in your life and in your emotions. It will bring up for you things that you have hidden, things that you may not have wanted to look at, but it will give you a grand opportunity. And know also as you go through this time of accelerated energy that you are not alone. All of the Light beings, if you will receive this, are also feeling an acceleration of the vibration of their light as well and they are very much with you in this. So there is much assistance and much love.
- 1993-0709-428 As you may have felt the negative emotions -- and this again is a judgment, of saying negative: what is negative and what is positive? It is what you have termed it in your perception, because, as we have said, even the ones that you would term negative have great blessings for you -- so as you go through this discernment, know that there is much acceleration and increase in the love frequencies that are around you as well.
- 1993-0709-429 This is why many of you have found, as you would term it, great insights or great ah-ha's that have happened for you in the last few days. As you are open and willing to experience these, there is great blessing in it. This is also why, beloved one, you have been feeling the release of tears. You are being aided in releasing these by the energy that is upon this plane.
- 1993-0709-430 I don't know what "aided" means.**
- 1993-0709-431 Aided? You are being assisted, helped. Yes. Much help. Yes.
- 1993-0709-432 I know that many of you come with questions and so, if you would like to ask questions, we will see what answers there may be.
- 1993-0709-433 Yes. We will take the second leash.
- 1993-0709-434 {The hand-held microphone.}

- 1993-0709-435 **Well, my question has to do mainly with employment, because I know where I am employed has affected my physical being and definitely, I think, my spiritual being, too. And I just got a name from Kim to check into. I'm a nurse, an LPN, and I just know that it's my lifestyle, my particular lifestyle right now, and I guess mainly that's it. Maybe I answered my own question. I don't know, but if there is anything that's there.**
- 1993-0709-436 There is much wisdom in the asking of a question because always with a question there is an answer. There is no question that comes alone. It is always accompanied by the wisdom of an answer. As you have said, you have just answered your own question.
- 1993-0709-437 You have been in this situation for several reasons: one has been your own examination of your own self-worth and coming unto a place where you are recognizing and accepting what you truly deserve to experience upon this plane.
- 1993-0709-438 You have also been in this work situation to extend the Love of the Heavenly Father, to be so immersed in the Love that you are that you no longer feel the conflicts that you may have perceived to be there, the feeling of draining the energy when being there. When one is so much caught up in the Love of the Heavenly Father and so busy, as it were, extending this love, one does not feel a negativity or a draining of energy or a conflict of others.
- 1993-0709-439 You will be changing employment but, as you do so, you will also be able to see the situation that you are now in in a different light.
- 1993-0709-440 It's already happening.**
- 1993-0709-441 Yes. Miracles have been transpiring this evening. Yes. That is all that is needed, beloved one: the miracle of love. Of being able to look at co-workers and others who share the path where you are at the present moment and know that they also are the child of our Heavenly Father. They are also on their path. And to extend unto them at various levels the Love that you are and to know that wherever you are is not by mistake -- it is by design -- and to extend the Love that you are unto that situation. And then to go as the wind. As you get a new idea, to take that idea and run with it as you are the wind. There is much joy in that.
- 1993-0709-442 Yes, beloved one, many changes already transpiring for you and with you.
- 1993-0709-443 Ah, I can't wait.**
- 1993-0709-444 One does not have to wait.
- 1993-0709-445 Right.**
- 1993-0709-446 Yes.
- 1993-0709-447 Thank you.**

- 1993-0709-448 **I'm involved in a like a medical/legal lawsuit or whatever and it seems... it's very odd to me because it feels like I can't be myself and I am but it feels kind of dishonest, and I'm wondering how I can move through this and be true to me and true to what this is all about, but I'm not sure what it's all about.**
- 1993-0709-449 Yes, this has been a great lesson for you on many levels: of identifying your own self-worth and being able to and feeling free enough to express this quite openly unto others.
- 1993-0709-450 It is quite safe to express, even in what you would see as the terms of your world, to express who you truly are and to say things in Truth -- even though you would perceive the ways of the world to be, perhaps, against that. One of the reasons you have manifested this occurrence in your life is to know that it is safe to be who you are and to be true, as you have spoken, to be true unto yourself.
- 1993-0709-451 **Uh huh.**
- 1993-0709-452 Yes. You may express unto the ones known as the lawyers and the medical workers your Truth. They will use that how they deem it to be necessary within the workings of the world. But the importance here for you is to come from the heart and to speak your Truth, to be true unto yourself and to let, as it were, the pieces fall where they will fall. It will work out in order.
- 1993-0709-453 When one sees everyone that one deals with in love, when one greets the Christ Light in each one, you call forth the best in each one. There is much to be shared with each one who is involved in this by your courage of being true to yourself, and also to see the Christ Light in them as well. It is something that they are calling out for within their soul: for someone to say unto them who they are, by seeing it in you. They have been so caught up into the ways of the world and the career, the social organization, and all of their training that has gone into that, that they are somewhat blinded to the Light that they are. So you are doing a great service unto them by being the Light that you are and being true to yourself. Have the courage to come through this as the Light that you are and to be true unto yourself. There is nothing to fear. It will all work out beneficially for you and for them.
- 1993-0709-454 You are a great Light, beloved one. You share this so freely with others and it is so much needed in your world. Do not ever hesitate to share your Light with others and to be true to who you are and to who they are.
- 1993-0709-455 **I have another question. You mention that there are other beings around me that have moved on, you know. Is my friend Ruthie around?**
- 1993-0709-456 Yes, she is, beloved one. You have known this at the heart level. There has been much communication that has been occurring at a very subtle level. There is much love that you share with this one. Yes.
- 1993-0709-457 **Is my cat, Priscilla, okay?**

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- 1993-0709-458 The beloved pet is always okay. The beloved pet shares much love with you because, as we have said earlier, the beloved pet knows no separation. The beloved pet knows only to be Love.
- 1993-0709-459 That is why you manifest and enjoy so much the beloved pets: because they are your teachers.
- 1993-0709-460 Yeah, they are.**
- 1993-0709-461 They come unto you in freedom. They express who they are with great spontaneity, and as you try to, within the ways of the world, to discipline them and to make them understand, as it were, what you want, there are times when they are your teachers and they say, "This does not have to be this way. Can you not see? We are all children in this," and they share with you the spontaneous love and joy.
- 1993-0709-462 It would be well if all of you were to spend some time with the beloved pets, to get down on all fours and to be with the beloved pets. Not speaking words, but just speaking from the heart with the beloved pet. They have much to share with you. Much joy.
- 1993-0709-463 Thank you, beloved one.
- 1993-0709-464 You're welcome.**
- 1993-0709-465 My question is, you were well aware of what I was speaking with Judi today and I am wondering if the subject matter that we were talking about, for me, the tones and this sort of symbolism will come more so now because I'm speaking about it. Number one.**
- 1993-0709-466 Number two: does it have something to do with this alignment of the planets in... are they, in fact, set in some kind of rhythmic tone that comes from a discord into a chord or into harmony? Is there this what is happening and is that a measurement, as it were?**
- 1993-0709-467 It is not by accident that you found yourself speaking of this subject earlier. Your work with tones, your identification and your knowledge of tones, is very basic to the nature of you and of all who express in physical form. You are all a tone, a vibration, which if you could hear with the physical ear, you would know what tone you are. It is, as they have termed it, an angelic choir of the tones that you are, and there is a blending and a harmonizing that happens in Truth.
- 1993-0709-468 There are also times when you get into what would be known as discordant emotions which throw the energies into another frequency, and you have all experienced how that feels.**
- 1993-0709-469 This idea has come unto you for a reason at this time. This is something that you have researched and you have lived and you have expressed in other lifetimes, and it is not by accident that it is coming up again this lifetime in your consciousness.
- 1993-0709-470 It is something that you have played around with, as it were, with your music. One of the reasons you are so drawn unto music and you find so much enjoyment... {coughs}
- 1993-0709-471 Do you want some water?**

- 1993-0709-472 This one is not used to talking this much. The beloved Tom would maybe disagree with that.
- 1993-0709-473 {Laughter.}
- 1993-0709-474 One of the reasons you find so much enjoyment in music is because of the tones. There is, as you have spoken, also a resounding tone of the planets in their harmony with each other, in sometimes what you would see as a juxtaposition of energies coming together. As you have spoken right now, there are planets which are aiding this energy which is coming through the window. The position of the planets is also increasing and accelerating the effect of the energies that is upon this plane.
- 1993-0709-475 They are also vibrating and creating their own tone, and there would be much benefit in remembering what you have experienced in other lifetimes in which you have put out to your fellow brothers and sisters the study of tones. There would be much benefit in bringing this to the forefront of consciousness now, as well, because it will prove, as it were, to those who are of scientific nature that there is no separation, that the body does not keep one separate.
- 1993-0709-476 In the idea of the concept of tone and frequency and energy, there is seen to be an overlapping....
- 1993-0709-477 **Overtone?**
- 1993-0709-478 Overtone. Well spoken. There are overtones and there are blendings, and as this is brought forward into the consciousness of mankind, the scientific community will come on the heels of this and will begin measuring and will see throughout that that the energies that are manifest around and through and as the body blend with others that one would see as separate. There is much benefit to come to mankind through the study of this.
- 1993-0709-479 **So this of the pineal and the hypothalamus that get in discord, where there is the depression type of thing is actually an out of attunement then?**
- 1993-0709-480 Yes, out of tone.
- 1993-0709-481 **Depending on who they are working with would have a lot to do with that, wouldn't it?**
- 1993-0709-482 Yes, there will be much balancing that can come through the use of tones. There is also much balancing that can come through the use of colors.
- 1993-0709-483 **Just one question on the alignment of the planets: I have an understanding that that only happens every thousand years with those particular two planets, that an alignment has been closer to us. Why is this every so often?**
- 1993-0709-484 It is because of the pattern of the frequencies and the vibrations, and as they are brought unto each other in what you would see as we have expressed as juxtaposition, in alignment. This happens in the order of their pattern. It also has to do with the

frequencies that they are and how this is being expressed and blended with each other.

1993-0709-485 And with us at this time, too.

1993-0709-486 And with us at this time, as well. I say "us" because here I am expressing to you in the physical form, yes.

1993-0709-487 Okay. Thank you.

1993-0709-488 Much harmony.

1993-0709-489 I would like to ask if there is a reason for not having Otis healed? I have been trying to give him a healing, and then it comes to me sometimes perhaps it's not up to me to say that he should be healed. Maybe he wants to be where he is.

1993-0709-490 Yes. There is a great desire on your part to see this one, as you would term it, healed, but there is a great work that this one is doing in being amongst the others in what you call the nursing home. There is much love that this one exudes, as it were, to the others and there is much healing that this one does at a level which is beyond the physical.

1993-0709-491 This one is not in a place that you would see as a negative place because of a choice of punishment or of things that have gone wrong. This one has chosen to be in what you would term a nursing home because he desires to minister unto others. There is much that he does by being in that place and being the Love that he is. It is not by accident that he cannot express in words. This has forced him to open other avenues, as it were, other channels of expressing the love with others. This one has a great love in his heart, and he is a true servant of the Heavenly Father and has been many lifetimes, and he knows this.

1993-0709-492 He has chosen to put himself in a place that needs the expression of this love. But that is not to say that he does not feel your love. When you place the hands upon the head and you give unto him the love with the intent perhaps of healing him, it is much received and it "restoreth the soul."

1993-0709-493 Okay.

1993-0709-494 Yes. It is a great work that the two of you are doing. You see, he has gone on before you in choosing the place to be of service. It was not an easy choice. It has not been an easy choice for you. Both of you have done very well in this because it is seen in your world as being something of sorrow, something of lack, something of imperfection. It is not that at all. It is a place of great service.

1993-0709-495 So when you go unto him and you share your love with him, it does, as it were, recharge the batteries for him. It also radiates to others. As you walk down the hall and you share your smile with others, it recharges their batteries as well. It is a great blessing that you do unto others every time you are there.

1993-0709-496 That's good to know.

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- 1993-0709-497 It is, as you would term, a ministry.
- 1993-0709-498 **Okay. Thank you.**
- 1993-0709-499 A different way of looking at it, no?
- 1993-0709-500 **Yes.**
- 1993-0709-501 **It has been bothering me... I have so much love in my heart and I just love everybody here -- some people I know more than others -- but I just get along with everybody and all of that... I'm talking about Diana and me. Diana and me. I love her and I want to be her friend. I want to be close to her but somehow she doesn't allow me. She doesn't allow me to be me or something. We always argue. I don't like arguing. Why do two souls not get along?**
- 1993-0709-502 You two are grand teachers for each other. There have been many lifetimes that you have shared together as great warriors and as great priests in the temples. There have been many lifetimes when you have disagreed on philosophical points and you have argued at great lengths, each one, that you were right in the way that you saw things.
- 1993-0709-503 This is not new in this lifetime. You are well practiced in this. There have been lifetimes when you were, as it is called, the great barristers, and you have been on opposite sides in the courtroom arguing your case, and you do this very well.
- 1993-0709-504 So it is no wonder that this comes up again in this lifetime -- perhaps in a slightly different form -- but it is something that the two of you know very well. But yet, at a deeper level there is a great love between the two of you.
- 1993-0709-505 **Yes.**
- 1993-0709-506 What is coming up for you in this lifetime is to see beyond the righteousness of each person's viewpoint and to go to the love level. There is a great treasure, a great wealth there, a great opening up, a great awareness, a great acknowledgement of the wealth of experiences that you have shared.
- 1993-0709-507 **Thank you.**
- 1993-0709-508 You're welcome.
- 1993-0709-509 **Jeshua?**
- 1993-0709-510 Yes, beloved one.
- 1993-0709-511 **I don't know how to put this because I feel kind of sad. I mean I'm very sad. It makes me sad, and to share it even, I feel a little bad. I don't know why, but it's concerning my daughter and my son-in-law. There have been things that have been really, really bad between my son-in-law and I, and it's kind of on his part... not really. I haven't withdrawn my love from him but he evidently doesn't love me. It has caused great pain, and my daughter is also suffering great pain because of these**

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conflicts that seem to be here, and I just wanted to know how I could go about letting him know that I still love him. That's the main thing, I think.

- 1993-0709-512 You know, beloved one, that it does not need to be expressed verbally unto one. In fact, sometimes the words will get in the way. It is to go unto the heart and to express from the heart your great love for this one. There have been many lifetimes that you have shared with this one. It is not by accident that your paths, again, are crossing.
- 1993-0709-513 All of you in this room have been experiencing many who are coming unto you again for the sharing and for the releasing and for the acknowledgement of things you have experienced in other lifetimes as well. They are coming up. The reason for this being that this is the lifetime that you have chosen to bring all together and to come into what I have termed the atonement, the at-one-ment, the realization of the fact that you are already awake. It is time to acknowledge that.
- 1993-0709-514 So you are manifesting for yourself various occurrences and circumstances and people in your life to bring unto you the awareness of what has transpired seemingly in your past. It is not a past because it is all happening now.
- 1993-0709-515 But to answer your question: go unto this one in your quiet time. See him in your mind's eye and in your heart and say unto this one that you forgive him. There is much that has transpired in other lifetimes that you are still holding beneath surface level that you feel needs to be forgiven. It is not true that he has ever done anything that needs to be forgiven, but in the forgiveness of that it will be a grand releasing for you.
- 1993-0709-516 And how does one do this? By extending the love, by seeing this one as being upon his path, manifesting again for himself the experiences that he needs in this lifetime to come unto that place of awakening, to bring it right up in front of his face so that he has to look at it. This is what he is doing, and every time there is a feeling of conflict, a feeling of snaggliness, as it were, it is coming right up in front of his face and right in front of your face to be seen and acknowledged and to be loved through. It is a great blessing.
- 1993-0709-517 So every time you feel this coming unto you, right in front of {the face}, acknowledge it. Say, "Yes, I experience this and I love it. I love him through this." There will be much releasing and much benefit in this. This one loves you but he has not come to a place in consciousness of acknowledging that for himself. There has been much love that has been exchanged between the two of you in other, as you would see it, times. But this time the conflict is being manifest, as I have said, with intensity to be dissolved.
- 1993-0709-518 **Thank you, Jeshua. That's great.**
- 1993-0709-519 It is great, beloved one.
- 1993-0709-520 **Very quickly: the thirteen or the fifteenth or both?**
- 1993-0709-521 Beloved Philip, what date would you prefer?
- 1993-0709-522 **They're all fun.**

- 1993-0709-523 Truly spoken. We will have grand fun upon that evening. But I put it to you. I am always available. I and my friends are always available. We play simultaneous dates whenever we are asked so that there is no conflict, as you know. So would you prefer to do, as it were, a Friday evening or a Sunday evening?
- 1993-0709-524 **Whatever. I just move the body around. It's not up to me.**
- 1993-0709-525 Again, truly spoken. Well, since it has been established within the structure of this organization, as it is, to meet upon a Friday evening, let us meet upon a Friday evening.
- 1993-0709-526 **Written in stone. Sure.**
- 1993-0709-527 August 13th. We are on.
- 1993-0709-528 **Works for me. Oh, that'll be cool, won't it? That will be nice: Friday the 13th.**
- 1993-0709-529 An auspicious time.
- 1993-0709-530 **Auspicious, yes, of course.**
- 1993-0709-531 You are one of the ones who has manufactured, as it were, the superstition that goes with the 13th.
- 1993-0709-532 **I know, but it was fun then. But I know the thing behind it, too, so....**
- 1993-0709-533 Exactly, and you exerted great influence over others who may not have known the background. It would be well if you would share upon that evening how the significance of the thirteenth came to be and how it was used. It is time.
- 1993-0709-534 **Yeah. Actually that whole superstition thing was kind of spread as a joke because we knew that people didn't understand it and so we figured, "Well, they are not going to understand if we tell them anyway so we will give them what they want to hear."**
- 1993-0709-535 Such a judgment, beloved brother.
- 1993-0709-536 **It was at that time, yeah.**
- 1993-0709-537 Exactly.
- 1993-0709-538 **But we have fun doing it, you see.**
- 1993-0709-539 Yes, this was true. Others might not have and did not perceive it as such fun.
- 1993-0709-540 **No.**
- 1993-0709-541 So it would be well if you share the joy and the fun with others and let them in on the secret, as it were.
- 1993-0709-542 **Okay.**
- 1993-0709-543 We will be looking forward to that.

- 1993-0709-544 **Jeshua, I would like to know, I'm in the process of selling my house but I don't know where I'm going or what I'm going to do.**
- 1993-0709-545 Gee, that sounds familiar.
- 1993-0709-546 **But I want to know where I'm going and what I'm going to do.**
- 1993-0709-547 A great place of freedom or a great place of worry. It depends on how one looks at it, no?
- 1993-0709-548 **True.**
- 1993-0709-549 Yes. Has there ever been a time in your life that you have not been guided, even, as it were, at the eleventh hour? Has there ever been a time when you have not been guided?
- 1993-0709-550 **Huh uh.**
- 1993-0709-551 This is true, beloved one. You have always been guided and you have always been in the right place at the right time, although the human self would say unto you, "Help! It is getting very late. I must know."
- 1993-0709-552 It is the ego self that demands the certainty of knowing how it is going to live in the world. The true Self, the heart, goes as the wind and follows the guidance. You have much guidance at this point. You always have much guidance. There is a grand plan, as it were, that you are participating in. There are pieces of this plan that are, as you would see, beyond your individual control -- pieces that must fall into place. This will be happening in the next few weeks of your time. Perhaps not as quickly as you would like it to be or as the ego would like it to be. But rest in the surety of knowing that all is in order.
- 1993-0709-553 **I'm sure of that.**
- 1993-0709-554 Good.
- 1993-0709-555 **Thank you.**
- 1993-0709-556 That is the most important step along the way.
- 1993-0709-557 **I do have another question. Sharon was going to come up here tonight and then couldn't. Would you happen to have a message for her?**
- 1993-0709-558 Tell this one that my message unto her is the same always: that I love her dearly with an everlasting love.
- 1993-0709-559 **Thank you.**
- 1993-0709-560 **My question has to do with the reunion, and last Sunday, my first time here, on the Fourth of July, I, of course, spent with Sharon and I came to a realization at the time after the meeting, and I was wondering if you would be willing to confirm it or not?**

- 1993-0709-561 What you felt at the heart level, beloved one, is true. It is not by accident that these intimations, as it were, have come unto you. These intimations are as the tip of the iceberg for you. There is more to be revealed. But yes, these are true.
- 1993-0709-562 Then you recognize me?**
- 1993-0709-563 Yes.
- 1993-0709-564 As...?**
- 1993-0709-565 As.
- 1993-0709-566 As....**
- 1993-0709-567 The one true friend.
- 1993-0709-568 Oh, God.**
- 1993-0709-569 {Hugging.}
- 1993-0709-570 I took good care of her. {Sobbing.}**
- 1993-0709-571 And I thank you for that.
- 1993-0709-572 Could I ask you another question?**
- 1993-0709-573 Of course, beloved one. There is never a limit.
- 1993-0709-574 Well, I've wondered about Herman Melville, the author, and I wondered why he chose to come to me in meditation or in the psychic group and why he has been coming around the last week or two and what the nature of it is all about? I just want to know what he wants or what the relationship is?**
- 1993-0709-575 Yes, and you have spoken wisely, but we will come to that. This is an energy that you have shared much with. You have been with him in lifetimes when he experienced much as a seafarer. You also. You have been in male embodiment. You have been very strong. You have felt that. You have been out there upon the great whaling ships, as well. That is why you have been guided again to pick up the book and to read it. Many remembrances that will come through that.
- 1993-0709-576 You have also shared with this one known as Herman Melville -- which is not the only name that he has ever been known by, of course --
- 1993-0709-577 Sure.**
- 1993-0709-578 You have shared much in that you have been with him as a guiding force in times when he has been utilizing the body. You have been, as it were, a guardian angel would be a good term, as a guide for him. And he has done the same for you.
- 1993-0709-579 He is doing that for you in this lifetime. That is why you feel a closeness with him. But as you have spoken, he comes now for a specific reason. It is because he desires to work with you with what is termed the rescue work, the sitting in meditation in quietness and the communion with others who have laid down the body but know not

that they have laid down the body, ones who know not that they are Light beings, ones who are confused and lost and who will come unto you as they see the Light of your group in the group consciousness of the Light that you are. They will be attracted to that Light and there is communication that can be then established with them to show them the way home, as it were.

1993-0709-580 Yes.

1993-0709-581 He desires to work with you from the other realm. There is much energy that this one has and there is much of what you would term souls that he is shepherding, and he is desirous that this be accomplished. This is why he is knocking upon your door with some intensity.

1993-0709-582 Yes.

1993-0709-583 Yes, you have felt that.

1993-0709-584 Oh, yes.

1993-0709-585 It is true he has a message for you and it is, "Yes, beloved one, let's go on and do this work that we can do so well together."

1993-0709-586 Okay. Right. Thank you.

1993-0709-587 Read and enjoy also the book, because many remembrances of the strength that you are and have experienced in other lifetimes will come through in that book. You are, but perhaps, you are one of the characters in that book. It will be as a detective story for you.

1993-0709-588 Okay.

1993-0709-589 Be vigilant.

1993-0709-590 Is my deep love for tile -- especially in the lovely buildings in Jerusalem and that era -- because I worked with them at one time?

1993-0709-591 Yes, beloved one. You have discerned well. It is part of your love of colors. It is part of your affinity for colors, and you have manifested in many lifetimes different avenues, vehicles for the colors, much artwork -- as you are doing in this lifetime with the beautiful sewing of clothes that you do, the garments that you put together.

1993-0709-592 You are never one to put together what would be called a drab outfit. It is your love of colors which comes through again. But yes, beloved one, you have experienced all of the art forms that you could think of to manifest and to portray all of the vibrations of colors, because you know that at the level of oneness, which you are, that every one is expressing the vibration of color. It is just another way of expression.

1993-0709-593 I think I've always known that I had something to do with tiles.

1993-0709-594 It was a great remembrance for you when you were there.

1993-0709-595 It was. It was beautiful, wonderful.

1993-0709-596 And did not your soul go out?

- 1993-0709-597 **Oh, indeed. And the same thing down in Mexico. I get around tiles and I'm... there is nothing else anywhere except me and the tiles.**
- 1993-0709-598 Exactly. It is as you would blend with the colors of the tile.
- 1993-0709-599 **Uh huh. Thank you.**
- 1993-0709-600 Thank you, beloved one.
- 1993-0709-601 **Do spirits come through from the other side that could be of a darker nature?**
- 1993-0709-602 There are those of consciousness which are, as you would perceive them, of a heavier nature, a darker nature I suppose you could call them. You, in your belief in the duality, could perceive these as being of a darker nature, but all is of the Light and as you, in your perception, see these in the Light that they are, you will not feel the heaviness or the darkness. It is a matter of perception. It is a matter of belief. It is a matter of what you have so ingrained and taken upon yourself of the belief of the world.
- 1993-0709-603 These are also of the Heavenly Father. It may not be in their consciousness to know who they are but they are of the Light as well, and since there is not, as you would see it, there is not time, in the evolution of time -- which is a conundrum to use at this point -- in the evolution of time, they will come unto the awareness of the Light that they are.
- 1993-0709-604 Does that answer your question?
- 1993-0709-605 **Well, I was thinking of the use of the Ouija board and that sometimes people think it's evil, and I have felt, at one time particularly, that something was very wrong. Then we are talking about good and bad.**
- 1993-0709-606 This is the same... the use of the Ouija board is the same as you would pick up a telephone and you would dial a number and you would speak unto someone. Sometimes you will get ahold of someone at the other end who is very enlightened, very joyful, has much to share with you that is of an uplifting nature. And sometimes you will get someone at the other end of the telephone who is in a very depressive state, feeling their negativity, you see.
- 1993-0709-607 This also is what is tuned into with what you call the Ouija board. You can contact those who are of the upliftment or those who are in a more depressive, manipulative, illusory state.
- 1993-0709-608 **Can I ask about that also? If you do connect, have a connection with what you perceive as someone in the depressed state, can't you by sending them love -- where there is Light there can be no dark -- and by sending them love, you send them light. Wouldn't this change or help them to change? Can you not do that? My reality, my belief is that it can be changed.**

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- 1993-0709-609 Yes. It is always wise, beloved one, to hold the Truth, to know the love and the Light that each seemingly individual expression of the Mind of God is. Whether they will acknowledge this for themselves or not is a choice.
- 1993-0709-610 **Correct.**
- 1993-0709-611 But it is always well for you to hold that Truth and to know it for them.
- 1993-0709-612 **These ones... also along this line, these ones where people are saying that places are "haunted," that there are "evil" spirits and so on, I have also the belief that you can send these to the Light, help them to turn around, to see through the tunnel or whatever to that spot of Light and to send them there with great love, to help them to see it, to go there, to tell them there are loved ones waiting for them.**
- 1993-0709-613 Yes, this is a great blessing and a great service that you do for these, because they are still in their confusion of not knowing that they have laid down the body and that there are, as I have termed it, other mansions in my Father's house to go unto. They feel that this Earth plane is all that there is and they are very much focused on being here.
- 1993-0709-614 **That was my understanding also. I find it very difficult to understand others in the "metaphysical" who perceive this as evil and do not help them to... when they say, "Oh, well, this is haunted. This is an evil place. Blah, blah, blah."**
- 1993-0709-615 Is that coming from fear, beloved one?
- 1993-0709-616 **Yes.**
- 1993-0709-617 Yes, it is. It is coming from the belief that there could be something other than the Love of our Heavenly Father, and this is not so.
- 1993-0709-618 **But if... to me, in the metaphysical, there is love -- like here, we are all in that term, metaphysical -- that there is great love and yet, how can there... where there is love there can be no fear.**
- 1993-0709-619 Where there is true Love, there cannot be fear.
- 1993-0709-620 **Thank you. Thank you. That explains it.**
- 1993-0709-621 Yes.
- 1993-0709-622 **Jeshua, I'd like you to give me some insight into what's going on with me, in that what's happening is the enthusiasm or the excitement that I used to experience in being with you on Friday nights seems to be diminishing in my life, and it's like I'm tired of listening to... it's all good stuff, I'm not trying to negate it or anything, but it's like I'm tired of**

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sitting and listening and going to like Oakbridge services on Sunday, and it's just like it doesn't feel right.

1993-0709-623 Well spoken, beloved brother. You are feeling at the heart level much stirring. It is time for you to stop sitting and listening and going unto listening to others. It is time for you to be active. It is time for you to be, as this one is, sharing the Truth of who you are and doing it in your own fashion.

1993-0709-624 The work that you do with the brothers is but one aspect of what you are being called upon to do. And you are not being called upon to do this because it is a great contract of something you have to do. It is because it will afford you the opportunity of your own awakening. But what you have felt is very true. It is time for you to stop sitting. It is time for you to be up on the feet and to be active and to be alive and to be in the excitement and the enthusiasm of who you are. That is why you are feeling this. This is why you have felt a restlessness and a dissatisfaction right here, at the heart, within the soul. Sometimes right here. Right? Like it could not even be stomached. "Enough of this!"

1993-0709-625 Yeah, enough of this. Let's get on with it.

1993-0709-626 Right. It is time now for you to be active.

1993-0709-627 It's time... like, I'm going to use the word... it's time to be in the trenches.

1993-0709-628 Yes, very much. Get out there.

1993-0709-629 Any suggestions?

1993-0709-630 {Laughing.} Beloved brother, if you are being active, you are going to find the place to be active. It is not that one would send you somewhere.

1993-0709-631 I'm just....

1993-0709-632 You will know.

1993-0709-633 I think we have time for about one more question here and then we will need to wrap this up.

1993-0709-634 What do you predict about my relationship with Nathan in the future?

1993-0709-635 This one known as Nathan is a great playmate, is he not?

1993-0709-636 I love him to death.

1993-0709-637 Yes, you love him to life.

1993-0709-638 {Laughter.}

1993-0709-639 There is much that the two of you share which is in the joy of being truly alive. There is much that transpires between the two of you which brings joy for the two of you.

1993-0709-640 Persist; go on with this sharing, this relationship with each other. There is much that you will enjoy in it.

- 1993-0709-641 **Do you see a marriage in the future?**
- 1993-0709-642 Do you, beloved one?
- 1993-0709-643 **Yes, I do.**
- 1993-0709-644 This is something that you are hoping for. At this point in time it is something that you desire because you feel it to be an object that will bring you happiness, security, fulfillment of desires. In the process of time this will be unfolding for you as a flower and there will be other insights that will be coming to you. It will be something that you will evaluate from time to time and your heart will speak very clearly unto you.
- 1993-0709-645 For the time being it is a joy to be in love, is it not? Yes, that is all that is important: to enjoy the love of the moment. You two are great playmates together. You have much to share with each other in joy. You have my blessing.
- 1993-0709-646 **Just one more? This is very important. I have a big problem these days. I have a problem with, you know, the gut feeling, the heart feeling. When I have a feeling... like the other day I had the feeling not to drive on the freeway, driving over to Diana's house, right. It was a strong feeling, "Don't drive today. Relax and stay home and take it easy." How do I know when it's coming from my heart or coming from my head? Because I have this feeling all the time that it says to me, "Do your will. Go on, draw your will." My will?**
- 1993-0709-647 Yes.
- 1993-0709-648 **All the time, these days, I have this feeling. How do I know when it's coming from my head or it is coming from my heart?**
- 1993-0709-649 You are one who is very open to what is termed intuition and guidance. You have very strong feelings that come up for you and it is wise to pay attention to those feelings. When they come up for you, you can easily ask of them, "Are you coming from the heart or are you coming from the head?" From what you would term the intellect. You can ask. There is nothing that is hidden from you. By the asking you will know. You will know even a very subtle feeling as you ask, "Is this coming from my heart?" If you feel, as you just did, taking a deep breath, you will know that is from the heart level. If you ask, "Is this coming from my head?" you will feel a subtle difference. You will feel either the deep breath or a constriction. It will be very subtle but you will know it. You can discern, beloved one.
- 1993-0709-650 **So I should start doing a will? If that means I'm going to go to the other side or...? I love it, because it's okay, too. I'm happy here but it's okay to go to the other side, too.**
- 1993-0709-651 There are certain things within the world that it is prudent to do, but this does not mean that the path is set in concrete either. There is much that you have left to do utilizing the body. So do your will, but do it with a light heart. You have much yet to do. It will not be that easy, you see.

1993-0709-652 **Could you call it, "Thy will be done?"**

1993-0709-653 {Laughing.} "Thy will be done." Yes.

1993-0709-654 **You can't stop the world and get off?**

1993-0709-655 Beloved brother, one does not stop the world and get off, but one does what you have already said: to get down in the trenches with it and to transmute the energies thereof, to transmute them by the Love that you are -- but you knew this.

1993-0709-656 **I'm just....**

1993-0709-657 I know. You are a great one to tease and to pull the leg, as it were. Many are the women that you have pulled the leg of.

1993-0709-658 {Loud laughter.}

1993-0709-659 **Are we telling secrets?**

1993-0709-660 **You mean that in a metaphysical way?**

1993-0709-661 **You may take it any way you want to.**

1993-0709-662 {Laughter.}

1993-0709-663 For just a few moments I would like to have you turn one unto another. Find yourself, as it would be termed, a partner, one that you can share with.

1993-0709-664 **Wow.**

1993-0709-665 Yes, it is very interesting: who do you find yourself sitting next to?

1993-0709-666 **And I feel totally cold about this whole thing.**

1993-0709-667 Well, we'll see if we can't get a little more warmth in this.

1993-0709-668 **I haven't gotten over my anger at her, but I will after a while.**

1993-0709-669 You see there are no accidents. That is why this one needed to move across the room and to sit down in the chair next to you. There are no accidents. The one that I have called the One True Weaver, Who sees the whole picture, knows how to weave all of the strands of the tapestry together.

1993-0709-670 **That's really nice to remember when things are very messy.**

1993-0709-671 Especially when you feel that all of the strands are unraveling.

1993-0709-672 **Yes.**

1993-0709-673 Yes, perhaps sometimes the strands do unravel so that they may be woven more beautifully together.

1993-0709-674 **I think that's what's been happening to me for the last two years.**

1993-0709-675 This is true, beloved one.

1993-0709-676 Find yourself a partner and turn so that you can sit facing the one next to you.

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- 1993-0709-677 {Group moves, finding partners.}
- 1993-0709-678 You may make a threesome. Bring your chairs around. Yes, threesomes are allowed as well.
- 1993-0709-679 It does bring out the child in one, does it not? {Speaking to ones who are laughing.} It brings out the joy that you truly are. Beloved one, you are expressing freely and it is a joy to behold.
- 1993-0709-680 Take a deep breath. As we have spoken earlier, this is taking in the universal energy that you are. It is taking into the very cells themselves the Light and the Love that you are. It nourishes and it revitalizes every cell within the body. It releases heaviness. It allows the life energy that you are to flow through the very veins and arteries unto each cell and to turn on the lights thereof.
- 1993-0709-681 Breathe deeply of the universal Love that you are.
- 1993-0709-682 Reach out your hand and place it upon the chest of the one that you are facing, upon the heart of the one that you are sharing with. And again, with the eyes closed, take a deep breath and feel the very pulsation of the life energy that you are. Feel the energy of your hand flowing unto the one whose heart you are touching. Feel the love of that heart being extended to you through the hand.
- 1993-0709-683 Breathe deeply of the Love that you are.
- 1993-0709-684 There is a golden liquid light that is pouring down upon you. Feel this coming down, as it were, upon the crown of your head, coming down the forehead through the eyes, through the nose, past the mouth and the chin into the throat area, which is so expressive and expresses the power that you are.
- 1993-0709-685 Feel this liquid golden light flowing into your heart. Feel this liquid golden Light, who you truly are, flowing unto the one who is sharing the hand and the heart with you. Feel at the very cell level the golden light of Love.
- 1993-0709-686 Breathe deeply and take this golden light into the solar plexus, into the rump, as it were, that sits upon the chair. Feel it flowing down through the legs unto the feet, unto the toes.
- 1993-0709-687 Feel yourself at one with this liquid golden light.
- 1993-0709-688 Breathe deeply.
- 1993-0709-689 And say unto your partner mentally what you would express unto this one. What would you share with the one who is across from you? What would you share with this one who is not separate from you?
- 1993-0709-690 All the while feeling the golden light flowing through every cell of the body.
- 1993-0709-691 Breathe deeply.
- 1993-0709-692 You are the Love of the Heavenly Father expressing incarnate. You are the golden light that shines in this world. What would you say unto your own heart? Express unto yourself what you would say unto your own heart.

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- 1993-0709-693 Feel the peace that resides within your heart. And know always that you take this peace with you wherever you go. It is available unto you at a moment's notice, by the breath. Breathe deeply.
- 1993-0709-694 And now, take, in your own timing, three more deep breaths, and when it feels comfortable, open the eyes and express unto the one who sits opposite you what you have been feeling within the heart.
- 1993-0709-695 I love you with an everlasting love, and I thank you for joining with me in this evening of your time. Know always that I go with you. I cannot be separate from you. Go always in the Love that we are.
- 1993-0709-696 So be it.